

good

For conscious-living people who love life, style and the planet
March-April 2017

grow your own
medicinal herbs and flowers

7 secrets to a happier home
CREATE THE HAVEN YOU WANT

awe inspired
see the world through new eyes

meditative drawing
the art of zentangle

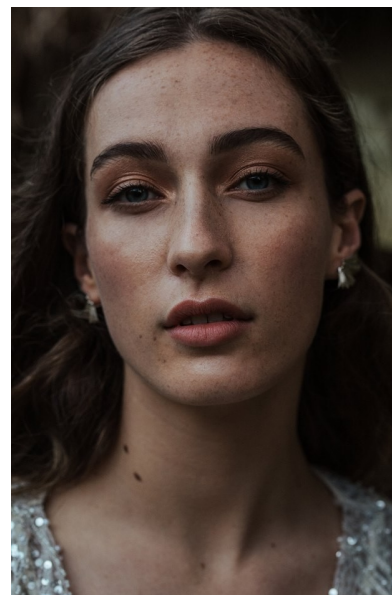
soothe your soul

THE HEALING ISSUE

WANDERLUST
Otago's dramatic terrain
Bali bliss retreat

a brave new world
coping with loss & grief

meals that heal
nourish body and spirit



BELLA HOWARTH

Height 180cm/5'11" Bust 86cm/34" Waist 69cm/27" Hips 94cm/37"

Dress 8-10 AUS/4-6US/34-36 EU Shoe 40 EU/9 US/6.5 UK Hair Brown

Eyes Blue

Red
ELEVEN

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